Putting It Together in Attached Housing Units

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CANADIAN RESIDENTIAL ENERGY SERVICES NETWORK

Outline

- Introductions
- Context & Issues / BG
- Solutions / PD
- Q&A



Context: What are attached housing units?

- 3 floors or less with common walls and/or floors
- Towns, rows and semi's (freehold),
- Stacked (walk-up condominiums) (US IRC ?)
- More affordable
- Higher densities



Context: Market Share Increasing

- Two years share reversal
- One Ottawa builder (1200)
- Suburbs
- Percent of sales
- Should focus on attached
- Bigger opportunity
- More need for improvement





Context: Myth Busters

- The Belief:
- Towns and stacked more energy efficient form
 - Generally smaller
 - less exposed walls and windows
 - less exposed floors and ceilings
- The Reality:
- Can be worse than singles (area basis)
 - Less effective insulation
 - Less efficient mechanicals
 - Much higher rates of air leakage



Insulation & Mechanical

- Windows and doors on end walls
 - subtract framing room for insulation?
 - Effective R-val of R19 wall,
 - 23% framing: 15.7
 - 33% framing: 14.2
- Smaller units, smaller loads
 - space constrained equipment
 - less efficient heating, less efficient cooling



Fire & Sound Requirements

| | Party Walls | Common Floors | Standard |
|--------------|-----------------|---------------------|-------------------------|
| Fire | 1 hr | 1 hr | CAN/ULC-S101-M |
| | US – 1 hr both | | ASTM <mark>E 119</mark> |
| Sound | >STC 50, 55 rec | >STC 50, 55 rec | ASTM <mark>E 336</mark> |
| | >45 (US) | Impact IIC, 55 | Impact ASTM E 492 |
| Flame Spread | <150 | <150 | CAN/ULC-S102-M |
| | <200 (US) | <200 (US) | ASTM E 84 |
| US exp insul | <25 | <25 | |
| Smoke | <450 | < <mark>45</mark> 0 | CAN/ULC-S102-M |
| US exp insul | <150 | <150 | ASTM E 84 |
| Air Leakage | none | none | |



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Rated Assemblies

- Pre- rated for sound and fire
- Look up in Code (in Canada)

| | Wall | | Fire Resistance Rating ⁽¹⁾ Typical Sound | | |
|---------------------|--|--|---|----------------------|--|
| Type of Wall Number | | Description | Load- bearing | Non-load- bearing | Transmission Class ⁽¹⁾⁽²⁾⁽³⁾ |
| | W15 | two rows 38 mm x 89 mm studs, each spaced 400 mm or 600 mm o.c. on separate 38 mm x 89 mm plates set 25 mm apart with or without absorptive material 2 layers of gypsum board on each side | , M | X X | M I M I |
| | W15a | W15 with 89 mm thick absorptive material on each side⁽⁴⁾⁽⁸⁾ 15.9 mm Type X gypsum board⁽⁵⁾ | 1.5 h | 2 h | 66 |
| | W15 with • 89 mm thick absorptive material on each side ⁽⁴⁾⁽⁸⁾ • 12.7 mm Type X gypsum board ⁽⁵⁾ W15 with • 89 mm thick absorptive material on each side ⁽⁴⁾⁽⁸⁾ • 12.7 mm regular gypsum board ⁽⁵⁾ | | 1 h | 1.5 h | 65 |
| | | | 45 min | 1 h | 61 |
| | W15d | W15 with 89 mm thick absorptive material on one side only⁽⁴⁾⁽⁸⁾ 15.9 mm Type X gypsum board⁽⁵⁾ | 1.5 h | 2 h | 62 |
| | W15e | W15 with 89 mm thick absorptive material on one side only⁽⁴⁾⁽⁸⁾ 15.9 mm Type X gypsum board⁽⁵⁾ | 1 h | 1.5 h | 60 |
| | W15f | W15 with 89 mm thick absorptive material on one side only⁽⁴⁾⁽⁸⁾ 12.7 mm Type X gypsum board⁽⁵⁾ | 45 min | 1 h | 57 |
| | W15g | W15 with • no absorptive material • 15.9 mm Type X gypsum board ⁽⁵⁾ | 1.5 h | 2 h | 56 |
| | W15h | W15 with • no absorptive material • 12.7 mm Type X gypsum board ⁽⁵⁾ | 1 h | 1.5 h | 55 |
| Column 1 | 2 | 3 | 4 | 5 | 6 |

Table 8.1 (Continued)



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Rated Assemblies

 double 2x4 wall, 1" separation - typical





Other Fire Requirements

- Continuous
 - Everywhere, floor platforms, abutting walls, attic, around elec
- Firestops in concealed spaces
 - Each floor, attic
 - Metal, coreboard
- Cover foam plastics
 - gypsum bd or approved finish



Air Leakage

- ON typical singles: 0.3 cfm50/ft2 (3.6 ACH50)
- Attached towns and stacks 0.5 cfm50 (6-10 ACH50)
- Why?
- No continuous air barrier requirement / performance
- 1" gap air conduit
- Non finished gypsum bd at:
 - Floor rims, bulkheads, drop floors, steel posts and beams, floor over garages, tubs and showers



Consequences of High Rates of Air Leakage

- Energy
- Sound
- IAQ
 - Pressure imbalances drive leakage from adjacent units with odour, stale air
- Air leakage
 - Increases energy consumption for heating and cooling
 - Can cause condensation, mould



Air Sealing

- Seal ducts to limit interior pressure imbalances
- Better use of foams and sealants at framing stage cover w/ gyp bd,
- Apply after exposes spot caulks and sealants
- Confirm methods with Building Official



Solutions

• Handover to Paul Duffy



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Background on Air Tightness of Single Family Energy Star Homes in Canada

 Single Family Energy Star Homes in Ontario must meet an air tightness requirement of:

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0.2 cfm<sub>50</sub>/ft<sup>2</sup> boundary area
or
1.4 cm<sup>2</sup> per m<sup>2</sup>
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- Testing can be carried out by a single operator using a single blower door fan
- On a typical single family house (e.g. 2500 ft² of floor area) this roughly translates to 2.5 ACH₅₀



Background on Air Tightness of Multi Family Energy Star Homes in Canada

- Some leakage in multi family homes (e.g. from an adjacent unit) carries no energy penalty
- Air tightness measures can be more difficult to implement in party wall construction
 - Combustibility issues
 - Code has no continuous air barrier requirement for party walls/floors
- Fire safety measures generally target protecting the structure, not air tightness measures to control smoke



Setting an Air Tightness Limit for Multi Family Buildings

- Take a "reasonable" approach to fire safety
 - Protect all structural elements as required
 - Close all major openings behind bulkheads, bathtubs, false walls, etc.
- Ensure exterior envelope air barrier is tied into the party walls/floors
- Test townhouse blocks in various configurations to compare multi-unit tests to single unit test results.



Air Tightness Test Results for Multi Family **Buildings**

Testing of a 4 door row (Individual Tests) •

| Unit | 1 | 2 | 3 | 4 |
|-----------------------|------|------|------|------|
| ACH50 | 5.23 | 5.03 | 5.14 | 5.20 |
| ELA10 (in2) | 675 | 751 | 806 | 661 |
| NLA10 (in2/100ft2) | 1.75 | 1.95 | 2.10 | 1.72 |
| CFM50 | 1242 | 1196 | 1223 | 1237 |



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Air Tightness Test Results for Multi Family Buildings

 Testing of a 4 door row (Middle door of 3 door simult. tests) Unit
 2
 3

| ACH50 | 4.18 | 3.49 |
|-----------------------|------|------|
| ELA10 (in2) | 5.20 | 553 |
| NLA10 (in2/100ft2) | 1.35 | 1.44 |
| CFM50 | 994 | 830 |



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Air Tightness Test Results for Multi Family Buildings

- Party wall leakage represents approximately 30% of total of individual tests
- On an interim basis the multi family air tightness test requirements were set at:

0.29 cfm₅₀/ft² boundary area or 2.00 cm² per m² of enclosure area

 Since they were based on row townhouse unit tests these requirements did not take into account more complex intersection details for stacked townhouse units... this produced great anxiety as to whether it was possible to meet the requirements in stacked townhouses.



Other Issues in Multi Family Buildings

- Unit sizes tend to be much smaller—some builders are producing units with less than 600 ft² of living space
- HVAC loads are such that there is a limited selection of efficient equipment able to deliver heating and cooling to such spaces.
- There is limited wall space available for exhaust venting and/or air intakes.
- Mechanical equipment ends up being put into "closets". This has issues with respect to combustion air, etc.



Why Build Attached and Stacked Units???

- Better affordability
- More efficient use of land and other resources
- More environmentally appropriate?
- New virtually untapped markets



Solutions - Daniels FirstHome Projects

- Projects include stacked towns as well as stacked back-to-back units.
- Units range from 550 ft² to 1100 ft²
- Many units have attached garages
- Units feature gas heating and hot water with humidistat controlled ventilation
- No common areas in the building (I.e. no corridors and lobbies.)



Typical Stacked Townhouse Block



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Typical Stacked/Back-to-Back Townhouse Block



Air Tightness Issues – Party Walls and Floors

Bulkheads, Drop Ceilings and False Walls

- Assemblies include
 - Concrete toppings on floors
 - Multiple layers of drywall
 - Strapping and resilient channels
- Points to consider
 - Plane of air tightness
 - Key connection points
 - Sequencing
 - Penetrations through assemblies
 - Structural support and attachment with acoustical uncoupling





Air Tightness Issues – Party Walls and Floors

Bulkheads, Drop Ceilings and False Walls

- Solution included
 - Detailed training and orientation of several trades
 - Multiple "prep" steps to ensure plane of air-tightness is continuous
 - Patching and repair of penetrations that cannot be avoided.





Air Tightness Issues – Complex Intersection Points

Stairwells to Access Upper Units

- Assemblies include
 - Concrete landings
 - Block walls
 - Strapped cavities
 - Drywall finish
- Points to consider
 - Plane of air tightness
 - Key connection points
 - Drying/movement
 - Sequencing
 - Structural support and attachment





Air Tightness Issues— Complex Intersection Points

Stairwells to Access Upper Units

- Solutions included
 - Preparation of drywall in area behind stair s before installation
 - Use of stair as a secondary plane of tightness in case of movement/sealing problems
 - Tie-ins to the concrete topping (plane of air tightness) on the top of the intermediate floor





Solutions - Multiple Inspections

- Identified problems/issues before they were repeated excessively
- Provided on-site resources to assist with solutions
- Changed sequencing if necessary to avoid similar problems elsewhere
- Points to consider
 - Plane of air tightness
 - Key connection points
 - Drying/movement
 - Sequencing
 - Structural support and attachment





Space Constrained Mechanicals

- Issues include
 - Limited space for air handler, water heating, ventilation
 - Desire to minimize the visual impact of bulkheads chases
 - Relatively small heating and cooling loads
- Points to consider
 - Combustion air
 - Venting requirements / distances
 - Cross contamination of air intakes
 - Higher occupancy / moisture generation





Solutions - Compact Mechanicals

- High velocity air handlers
- Small diameter ductwork
- Combination boilers and/or DHW tanks
- Sealed combustion or direct vent combustion equipment
- Sealed ductwork
- Plastic venting





Results: Daniels FirstHome

- 3 subdivisions complete
- 454 units complete
- Average energy performance Energuide 81
- All but 2 units met air tightness test requirements on the first test
- Of the units that failed, both could be "fixed" within 3 hours



Conclusions

- Energy Star townhomes and stacked townhomes were launched
 as a pilot project
- Energy Star New Homes (Canada) Technical Requirements (Version 3) now include Builder Packages for Low Rise Multi's based on the success of these projects
- Multi's represent a significant percentage (I.e. more than 25%) of Energy Star homes being built in Canada



Results: Daniels FirstHome

- Builder has been very pleased with the results and is bringing forward a program of construction for more than 1000 new units
- Several other builders are bringing forward plans for Energy Star townhomes and stacked townhomes
- Some are using it as a stepping stone to LEED

